

Product Name: Original French Toast Sticks

Product Description: Thick Slices of Yellow Texas Toast, dipped in batter and fried until golden brown.

Ingredients: Enriched Bread (Enriched Wheat Flour [Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Contains 2% or less of the following: Yeast, Soybean Oil, Salt, Calcium Propionate [Preservative], Datem, Monoglycerides, Spice & Coloring, Soy Lecithin), Water, Batter (Bleached Wheat Flour, Sugar, Dextrose, Yellow Corn Flour, Modified Corn Starch, Contains 2% or less of the following: Cinnamon, Nutmeg, Egg, Skim Milk, Salt, Soybean Oil, Natural and Artificial Flavor, Leavening [Sodium Bicarbonate], Corn Syrup Solids, Modified Cellulose, Soy Lecithin), Soybean Oil.

Contains egg, milk, soy and wheat ingredients.

COOKING INSTRUCTIONS: FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE PREPARATION INSTRUCTIONS:

Keep frozen until ready to prepare. Product is not ready to eat until thoroughly cooked to an internal temperature of 165° F. When following these instructions, consider the performance of your appliance as cooking time may need to be adjusted to achieve 165° F

MICROWAVE (800 Watt): Place French Toast Sticks in a single layer on microwave-safe plate. Microwave on high for approximately 1 minute 20 seconds (5 sticks).

CONVENTIONAL OVEN/ TOASTEROVEN: Preheat oven to 400° F. Place sticks in a single layer on a shallow baking sheet. Bake for approximately 4 minutes, turn sticks over and bake an additional 4 minutes.

Murry's



Nutrition Facts

About 4 servings per container

Serving size **5 Sticks (110g)**

Amount Per Serving
Calories 310

	% Daily Value*
Total Fat 15g	19%
Saturated Fat 2g	10%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 340mg	15%
Total Carbohydrate 40g	15%
Dietary Fiber 2g	7%
Total Sugars 11g	
Includes 11g Added Sugars	22%
Protein 5g	10%
Vitamin D 0mcg	0%
Calcium 70mg	4%
Iron 1.8mg	10%
Potassium 50mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.